



## **2016 BEIJING INTERNATIONAL TRIATHLON FACT SHEET**

### **DESCRIPTION:**

Top athletes from around the world will visit Beijing's Fengtai District for the 2016 Beijing International Triathlon. This renowned Olympic distance race will send triathletes on a 1.5km swim in Garden Expo Lake; on a challenging 40km bike race past through quaint villages up Qian Ling Mountain, the highest peak in Southwest Beijing; and on a final 10km run through the colorful gardens and scenic trails of Garden Expo Park.

This Olympic distance race is part of the Escape to Alcatraz Triathlon Series, as the only qualifying event in Asia for the iconic Escape from Alcatraz™ Triathlon, in San Francisco. Coveted race slots for the infamous and grueling 2016 Escape from Alcatraz™ Triathlon will be awarded to the top 50 men and women across each group and division of this new race.

For the third year, the Beijing International Triathlon will also feature a sprint distance race featuring a 750m swim, a 20km bike ride and 5km run.

In addition to watching top triathletes from more than 39 countries compete, spectators will enjoy touring the area's historical sites, as well as the weekend long free race expo showcasing products and services for health conscious consumers.

### **OLYMPIC DISTANCE COURSE:**

The fifth annual Beijing International Triathlon commences in the Garden Expo Park venue. The Olympic distance course will begin from a floating dock with a 1.5km swim around Garden Expo Lake, followed by a 680m warm-up run to transition, mimicking the unique warm-up run from the infamous Escape from Alcatraz™ Triathlon.

Mounting their bikes at transition, triathletes will then start a 40km ride looping through the scenic Fengtai district of Beijing. The paved mountain road will take racers past stunning countryside views followed by a slow, steady elevation gain at the 19km mark. At 20km, cyclists will begin their steep climb to the base of Qian Ling Mountain, passing ancient temples and factory caves in the mountainside. The road then narrows with technical, tight turns as the ride descends at the 21km mark following a u-turn, at the base of Qian Ling Mountain. Cyclists will ride along the wide boulevards of Fengtai

through the area's quaint villages before tackling their last 1km climb and then return to Garden Expo Park.

On tired legs, triathletes will begin a 10km run through the beautiful grounds of Garden Expo Park. At the 4km mark, athletes will climb 240-steps to reach the highest point in the park with stunning views of surrounding Fengtai. The course will take racers along stone paths and through picturesque gardens, and then back to the park's main entrance where spectators, family and friends will be waiting at the finish line.

#### **SPRINT DISTANCE COURSE:**

For the third year, the Beijing International Triathlon will feature a sprint distance race that will also start in Garden Expo Park. The single lap, 750m swim will start from a floating dock with swimmers following a clockwise route around the lake, followed by a quick 680m warm-up run up to transition.

Racers will then mount their bikes and begin a fast, flat 20km ride through the wide boulevards of Fengtai. The third leg will send racers on a 5km run up stairs and along stone paths through Garden Expo Park, and then to the finish line at the park's main entrance.

#### **ABOUT FENGTAI:**

The Beijing International Triathlon will take place in the Fengtai District, of Beijing with a history that dates back to 221 BC. The Fengtai District is located in Southwest Beijing at the foot of the Western Hills, by the Yong Ding River. Dating back to the Liao and Jin Dynasties, the Fengtai District was the location of the Imperial City. Racers, family and friends visiting the area will be treated to several of China's most famous sites including the 900 year old Lotus Pool; the Lu Gou Bridge (Marco Polo Bridge) that dates back 800 years and the Wan Ping Fortress from the 17th century.

#### **DATE/HOURS:**

##### **Friday, September 9**

Race Expo, Participant Packet Pick-Up: 12 p.m. – 5 p.m.

Pro Triathlete Poster Signing: 5 p.m.

Welcome Reception: 6 p.m.

##### **Saturday, September 10**

Beijing International Triathlon Sprint Distance Race: 7:30 a.m.

Athlete Check-In and Packet Pickup: 10:45 a.m. – 5 p.m.

Carbo Load Dinner: 6 p.m.

#### **RACE SCHEDULE**

7:30 a.m.: First swimmers hit the water

8:40 a.m.: First runners to finish line

9:30 a.m.: Awards ceremony begins

## **Sunday, September 11**

Beijing International Triathlon Olympic Distance Race: 7:30 a.m.

Awards Ceremony: 12 p.m.

Post Race Party: 12 p.m.

### **RACE SCHEDULE:**

7:30 a.m.: First swimmers hit the water

7:50 a.m.: First swimmers depart the water. First cyclists start the bike course

9:00 a.m.: Last swimmers depart the water. Last cyclists start the bike course

9:10 a.m.: First cyclists arrive back in Transition. First runners start run

9:25 a.m.: First runners to finish line

11:15 a.m.: Last cyclists finish course. Last runners start run

12 p.m.: Awards ceremony begins

1 p.m.: Last runners to finish line

### **LOCATION:**

Garden Expo Park, in Fengtai District of Beijing, China

### **ENTRIES:**

1,400 individual triathletes/relay teams, including the world's top professional triathletes will compete in the Olympic distance course and nearly 400 triathletes will race in the sprint distance course.

### **OLYMPIC DISTANCE CLASSES:**

Professional: Men and Women

Amateur: Men and Women – Ages: 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+

Corporate Challenge

Challenged Athletes

Relay

### **SPRINT DISTANCE CLASSES:**

Amateur: Men and Women – Ages: 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+

Challenged Athletes

### **PRO TRIATHLETES COMPETING (MEN):**

Josh Amberger (Australia)

Greg Bennett (Australia)

Alistair Brownlee (Great Britain) – 1st in Rio

Kevin Collington (United States of America)

Cameron Dye (United States of America)

Eric Lagerstrom (United States of America)

Joe Maloy (United States of America) – 23rd in Rio  
Vicente Hernandez (Spain) – 27th in Rio

**PRO TRIATHLETES COMPETING (WOMEN):**

Ashleigh Gentle (Australia) – 26th in Rio  
Lauren Goss (United States of America)  
Holly Lawrence (Great Britain)  
Barbara Riveros (Chile) – 5th in Rio  
Magali Tisseyre (Canada)  
Radka Vodickova (Czech Republic)

**PAST CHAMPIONS:**

**2015**

Eric Lagerstrom (United States of America) 1:54:42  
Lauren Goss (United States of America) 2:07:16

**2014**

Javier Gomez (Spain) 1:55:32  
Ashleigh Gentle (Australia) 2:08:12

**2013**

Javier Gomez (Spain) 1:51:59  
Lisa Norden (Sweden) 2:05:12

**2012**

Bevan Docherty (New Zealand) 1:54:24  
Sarah Groff (United States of America), 2:04:09

**CO-HOSTS:**

Fengtai District People's Government of Beijing

**SPONSORS:**

Host Sponsor: Fengtai, Beijing; Presenting Sponsor: Beijing Capital Land; Official Sponsors: Garmin, Gatorade, AQ Support; Official Hotel: Beijing Riverside Hotel and NanGong Spring Season Hotel Beijing; and event photo service FinisherPix.

**EVENT ORGANIZER:**

The Beijing International Triathlon is owned by the Fengtai Sports Bureau of Beijing and produced by IMG Worldwide / WME.

**FOR MORE INFORMATION:**

Visit [www.beijinginternationaltriathlon.com](http://www.beijinginternationaltriathlon.com) or call 424/653-1900. Follow [www.facebook.com/beijingtri](https://www.facebook.com/beijingtri), [www.twitter.com/beijing\\_tri](https://www.twitter.com/beijing_tri) and [www.instagram.com/beijing\\_tri](https://www.instagram.com/beijing_tri)

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